








Holy Days of Obligation with Special Seasons and Feasts

Feast/Season	Holy Days of Obligation/Special Seasons or Observances	2022 Date	Holy Day of Obligation	2023 Date
Every Sunday The Resurrection of Our Lord	Catholics are obliged to attend Mass <u>every Sunday of the year.</u>	All Sundays	√	All Sundays
Mary, Mother of God Our Lady's divine maternity		Saturday, January 1	√	Sunday, January 1
Epiphany Our Lord's manifestation to the world through the visit of the magi.		Sunday, January 2	√	Friday, January 6
Baptism of the Lord Close of the Christmas Season		Sunday, Jan. 9	√	Sunday, January 8
Ash Wednesday  This is the beginning of Lent, which lasts until the evening Mass of the Lord's Supper on Holy Thursday night.	All Fridays of Lent are Days of Abstinence. Abstinence means not eating meat. All persons 14 years and older are bound by the law of abstinence. Ash Wednesday and Good Friday are Days of both Fast and Abstinence. Fasting allows one full meal, but a light breakfast and lunch are not forbidden. All adults, 18 up to the beginning of their sixtieth (60) year, are bound by the law of fasting. Pastors and parents are to see to it that children, while not bound to the law of fast and abstinence, are educated and introduced to an authentic sense of penance. On Fridays, acts of penance, especially works of charity and pious practices, such as the Stations of the Cross, are suggested.	Wednesday, March 2 – not a Holy Day of Obligation	√	Wednesday, February 22 – not a Holy Day of Obligation
Passion/Palm Sunday The Lord's entrance into Jerusalem and His betrayal. Beginning of Holy Week.		Sunday, April 10	√	Sunday, April 2
Holy Thursday Mass of the Lord's Supper		April 14 No obligation	√	April 6 No obligation
Good Friday The Lord's Passion		April 15 No obligation	√	April 7 No obligation
Holy Saturday <u>The Great Easter Vigil</u>	The Easter Vigil, during the holy night when Christ rose from the dead, ranks as the " mother of all vigils. " Keeping watch, the Church awaits Christ's resurrection and celebrates it in the sacraments. The entire celebration of this vigil should take place at night; it should begin after nightfall and end before the dawn of Sunday.	Saturday, April 16	√	Saturday, April 8
Easter Sunday The Lord's Resurrection and Appearance. Begins the 50 Days of Easter.		Sunday, April 17	√	Sunday, April 9

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Ascension of Christ The Ascension of Our Lord	Ascension Thursday will be celebrated on the following Sunday.	Sunday, May 29	✓	Sunday, May 21
Pentecost The Gift of the Holy Spirit. Closes the Easter Season.		Sunday, June 5	✓	Sunday, May 28
Body and Blood of Christ (Corpus Christi) Our Lord's Real Presence in the Blessed Sacrament	Observation of this Holy Day will be on Sunday. 	Sunday, June 19	✓	Sunday, June 11
Assumption Assumption of Mary Into Heaven		Monday, August 15	✓	Tuesday, August 15
All Saints Celebration of those God has brought into heaven. They model Christ to us.		Tuesday, November 1	✓	Wednesday, November 1
Christ the King Final Sunday of Church Year		Sunday, November 20	✓	Sunday, November 26
1st Sunday of Advent 1st Sunday of Church Year and beginning of four-week preparation for Christmas		Sunday, Nov. 27 Year A	✓	Sunday, December 3 Year B
Immaculate Conception Conception of the Blessed Virgin Mary - Patronal Feast of the United States		Thursday, Dec. 8	✓	Friday, December 8
Christmas The Birth of Our Lord		Sunday Dec. 25	✓	Monday, December 25
Christmas Season Christmas Day through Baptism of Our Lord	December 25, 2021 - January 9, 2022			December 25, 2022 – January 9, 2023